

# HEALTHY RELATIONSHIPS 101

Have you ever questioned your relationship or felt the need to *fall back* from your partner or crush? Let's look at some characteristics to help you spot a great bae or someone who just can't stay. Remember, **love should always be safe.**

#BAEGOALS	#BAEGONE
Shows genuine support	Self-centered
Shows honesty	Lies or always gives excuses
Honors friendships	Controls who you hang out with or talk to
Has their own interests	Behaves like a people-pleaser or only wants to do what you want to do
Gives you space	Wants to be with you at all times or have access to you
Values your privacy	Checks your phone constantly, wants access to your passwords, or believes everything must be shared with them
Respects you, themselves, and others	Calls you inappropriate names, touches you inappropriately, physically attacks you, or makes you feel insecure
Shows trustworthiness	Makes you feel guilty for doing what you want or shows jealousy
Respects Your Boundaries	Ignores boundaries and standards you have created for yourself and relationships

If you ever feel unsafe in a relationship, know that *you are not alone*. If you experience or have experienced any of the #BaeGone warning signs above, you can do the following:



- + Inform your parent or a safe, trusted adult.
- + Visit your nearest hospital.
- + Contact law enforcement.
- + Chat live with a community advocate at [loveisrespect.com](http://loveisrespect.com).
- + Contact The Hive at [thehivecc.org](http://thehivecc.org) for more resources.